

Outdoor Progression Chart

Outdoor training is a series of progressive steps to encourage girls and adults to experience the wonderful world of outdoor program. It is not intended that an adult take the entire series in one year's time.

Progression is the key for both girls and adults – if either misses out on some of the steps, it can mean a disappointing experience for the girls. Time should be taken for the girls to learn, try out and experience the skills learned by the adult before moving on to the next steps.

For more information on travelling expectations and procedures, check out our [Troop Travel Packet](#) on the Volunteer Network.

When planning outdoor adventures, always think about the readiness of the girls in your troop!

<i>If you want to do this:</i>	<i>You will need this training :</i>	<i>Possible Activities:</i>
<p><u>Troop Meeting</u> Introduce outdoor program activities to adults and girls; exploration</p> <p>No outdoor cooking, kitchen cooking ok – no sleep over</p>	<p>New Leader Orientation</p> <p>Essentials Training (either generic “Leadership Essentials” or Essentials by scouting level, i.e. “Daisy Essentials”)</p> <p>Level One First Aid – if needed (refer to Safety Activity Checkpoints on the Volunteer Network)</p>	<p>Visit neighborhood parks and backyards</p> <p>Occasional field trips no longer than a day in length</p> <p>Girl Scout Daisies and older.</p>
<p><u>Sleep Over</u> One night overnight with inexperienced girls in an indoor setting</p> <p>Girl-planned and prepared “no cook” meals, stove top, or kitchen cooking only</p>	<p>New Leader Orientation</p> <p>Indoor Overnight Adventures (home study)</p> <p>Essentials Training (either generic “Leadership Essentials” or Essentials by scouting level, i.e. “Daisy Essentials”)</p> <ul style="list-style-type: none"> A minimum of two non-related responsible adults must accompany girls on any trip <ul style="list-style-type: none"> one must be a trained Leader (or Co-Leader), Any additional adult(s) must have Responsible Adult clearance <p>Level One First Aid – if needed (refer to Safety Activity Checkpoints on the Volunteer Network)</p>	<ul style="list-style-type: none"> Home Backyard <p><i>Simple meal preparation in the kitchen</i></p> <p>Girl Scout Brownies and older.</p>
<p><u>Troop Cabin Overnight</u> Indoor sleeping facilities, simple, girl-planned and prepared meals, “no cook” or stove top kitchen cooking</p> <p>Adult only - charcoal fires for s’mores and wood burning fires for sing-a- longs</p>	<p>New Leader Orientation or Camping Parent Orientation</p> <p>Indoor Overnight Adventures (home study)</p> <ul style="list-style-type: none"> A minimum of two non-related responsible adults must accompany girls on any trip <ul style="list-style-type: none"> one must be a trained Leader (or Co-Leader), Any additional adult(s) must have Responsible Adult clearance <p>Level One First Aid present</p>	<ul style="list-style-type: none"> Program Centers Cabins Service unit or community campouts <p><i>where shelter and meals are provided.</i></p> <p>Recommended for 2nd Grade Girl Scout Brownies and older.</p>

If you want to do this:	You will need this training:	Possible Activities:
<p>Cookout Girl-planned and prepared outdoor meal preparation using charcoal fires, Dutch ovens, propane stoves, buddy burners and box ovens</p>	<p>New Leader Orientation or Camping Parent Orientation</p> <p>Indoor Overnight Adventures home study</p> <p>Outdoor Cooking (classroom)</p> <ul style="list-style-type: none"> A minimum of two non-related responsible adults, one of whom must be a trained Leader (or Co-Leader), must accompany girls on any trip. Any additional adult must be a trained Camping Parent with Responsible Adult clearance <p>Level One First Aid present</p>	<ul style="list-style-type: none"> parks, program centers day trips, picnics <p>Recommended for 2nd Grade Brownie Girl Scouts and older</p>
<p>Troop Tent Camping Sleeping in tents or open shelters overnight</p> <p>Girl-planned and prepared outdoor meals</p> <p>Adult supervision and girl management of charcoal and wood-burning fires</p>	<p>New Leader Orientation or Camping Parent Orientation</p> <p>Indoor Overnight Adventures home study</p> <p>Outdoor Cooking (classroom)</p> <p>Troop Tent Camping (classroom)</p> <ul style="list-style-type: none"> A minimum of two non-related responsible adults, one of whom must be a trained Leader (or Co-Leader), must accompany girls on any trip. Any additional adult must be a trained Camping Parent with Responsible Adult clearance <p>Level One First Aid present</p>	<p>Council-approved:</p> <ul style="list-style-type: none"> public campgrounds private campgrounds, troop camping at Camp Scherman service unit or community campouts <p><i>where meal preparation is required</i></p> <p>Recommended for 2nd Grade Brownie Girl Scouts and older</p>
<p>Backpacking Primitive camping in the "Back Country" for at least one overnight</p>	<p>New Leader Orientation or Camping Parent Orientation</p> <p>Indoor Overnight Adventures home study</p> <p>Outdoor Cooking (classroom)</p> <p>Troop Tent Camping (classroom)</p> <p>Maps and Compass** (classroom)</p> <p>Approved Backpacking Training</p> <ul style="list-style-type: none"> A minimum of two non-related responsible adults, one of whom must be a trained Leader (or Co-Leader), must accompany girls on any trip. Any additional adult must be a trained Camping Parent with Responsible Adult clearance <p>Level Two First Aid present</p>	<p>Council-approved:</p> <p>Local Mountains</p> <p>Recommended for Junior Girl Scouts and older</p>

**Additional courses, such as Lashing, Knots, Maps and Compass, will enhance the experience for the girls and adults who move through the progression.

Revised January 2011